



### Intimate Care Policy

*Little Fishes Pre-school is committed to safeguarding children, ensuring all staff and volunteers receive clearance by the Disclosure and Barring Service before accompanying any child into the toileting area or supporting with any personal care routines.*

*Parents are requested that when volunteering within the setting or dropping off or collecting children, they refrain from entering the toileting/changing area where other children may be present. Should you wish to accompany your child to the toileting/changing area, please alert a member of staff, who will ensure that it is suitable for you to do so. Should you need to use the toilet, adults may use the disabled toilet area after alerting a member of staff to ensure the area is clear first.*

*We hope you understand that these guidelines are in place to protect and safeguard all the children in our care.*

#### POLICY STATEMENT

Little Fishes Pre-school is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. Little Fishes Pre-school recognises the need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain. The child's welfare and dignity is of paramount importance. Every child's right to privacy will be respected.

#### RATIONALE

The purpose of these procedures is to set out guidelines that safeguard children and staff by providing a consistent approach. Staff providing personal care must be aware of the need to adhere to good Child Protection practice in order to minimise the risks for both children and staff.

#### AIMS

The aims of the policy and procedures are:

- To safeguard the dignity, rights and well-being of children.
- To ensure that children are treated consistently when they experience personal care.
- To provide guidance and reassurance to staff.
- To ensure that parents are involved in planning the intimate care of their child and are confident that their concerns and the individual needs of their child are taken into account.
- To reassure parents that staff are knowledgeable about intimate care.



### DEFINITION OF PERSONAL CARE

Personal care involves helping children with aspects of personal care which they are not able to undertake for themselves, either because of their age and maturity or because of developmental delay or disability.

### RESPONSIBILITIES

#### **Management responsibilities:**

- To ensure permission has been sought from parents for staff to support their child's personal care routines.
- To ensure all staff and volunteers have clearance by the Disclosure and Barring Service before engaging in any personal care routines.
- To provide facilities appropriate to the children's age and individual needs.
- To provide appropriate guidance, training, supervision and reassurance to staff to ensure safe practice.
- To ensure that staff will receive ongoing training in good working practices which comply with health and safety regulations, hygiene procedures, first aid and child protection procedures.
- To keep a record of training undertaken by staff and to ensure that refresher training is provided where required.
- To ensure that all staff are familiar with the pre-school's Personal Care Policy.
- To provide an Induction programme for all new staff and to ensure that they are made fully aware of the personal care procedures for the children they are supporting.
- To ensure parents are aware of their responsibilities in supporting the pre-school's Safeguarding Children Policy, with particular regard to the 'Toilet Access Policy'.
- To ensure all mobile phones are locked away and no unauthorised recording equipment is in use, as per our employment policy.

#### **Staff Responsibilities:**

- Staff must be familiar with the Intimate Care procedures.
- Staff must adhere to the personal care policy and procedures.
- Staff must report any concerns to the pre-school manager.
- Key persons will liaise with parents/carers to establish specific care routines for each child.
- Staff must take part in training for any aspect of Intimate Care Support.

### PERSONAL CARE PROCEDURES



- Wherever possible, children's personal care should be attended to by their key person.
- Staff must inform a colleague when leaving the room to support personal care routines.
- Children must be changed in the designated changing area; however, children's wishes must be respected.
- The door to the toilet area must remain open at all times.
- The door to the designated changing area must remain open at all times during personal care routines.
- Protective gloves must be worn, when necessary, when supporting personal care routines.
- Allow children to care for themselves as far as possible and encourage them to carry out aspects of intimate care to promote independence.
- Staff to communicate with children at all times during personal care procedures, ensuring the child is consulted about routines and kept informed at all times.
- Staff must respect the wishes of children, with regard to dignity, privacy, choice and safety.
- Staff must show awareness of and be responsive to the child's reactions, their verbal and non-verbal communication and signifiers.
- Staff to use the opportunities during intimate personal care to teach children and young people about the value of their own bodies, to develop their personal safety skills and to enhance their self-esteem.
- Wherever possible, ensure lower regions are covered before removing garments from upper body.
- Soiled garments must be securely wrapped in plastic bag and tied to prevent risk of suffocation.
- The changing mat must be cleaned with an antibacterial wipe after each use.
- Soiled nappies, wipes, and gloves should be double bagged in a sealed plastic bag and disposed of in the designated nappy bin.
- As staff engage in hand-washing procedures after all personal care routines, children must be encouraged to do the same, creating an ideal opportunity to discuss the importance of hygiene.
- Staff to record all personal care interactions in the child's individual toilet log.

### PRINCIPLES

The policy and procedures embrace the principles of *Every Child Matters*.

- Every child has the right to feel safe and secure.
- Every child has the right to be treated as an individual.
- Every child has the right to remain healthy.
- Every child has the right to privacy, dignity and a professional approach from all staff when meeting his or her needs.



# Policies and Procedures

## Section 12

- Every child has the right to information and support that will enable him or her to make informed and appropriate choices.
- Every child has the right to be accepted for who they are, without regard to age, gender, ability, race, culture or beliefs.

Date policy adopted / reviewed June 2021

Signed on behalf of the management committee \_\_\_\_\_

Name and position of signatory Denise Smith, Chair

Policy review date June 2022

**I have read and understood the policy:**

**Signature**

**Print Name:**

**Date:**

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